

Certificate of Medical Examination for USMS Employees

Name:		*		
	Mari			
District.				

(Privacy Act Protected)

INSTRUCTIONS

PART I – EMPLOYEE ID DATA

(To be completed by Employee)

Please press firmly to make sure print goes through all pages.

PART II – PHYSICAL REQUIREMENTS OF EMPLOYEES

(To be reviewed by Examining Physician)

PART III - REPORT OF MEDICAL HISTORY

(To be completed by Employee)

Answer all questions and sign your name at the end of the Report of Medical History

PART IV - MEDICAL HISTORY SUMMARY

(To be completed by Examining Physician)

Provide summary and elaboration on all positive answers of the Report of Medical History

PART V - MEDICAL EXAMINATION DATA

(To be completed by Examining Physician)

Perform examination and give a detailed description of your finding(s).

Please note special tests:

- 1. Vision (required)
- 2. Hearing (required)
- 3. Urinalysis (required)
- 4. SMAC-26 Blood Test (required)
- 5. Serum Lead Level Test (required)
- 6. Resting ECG (required)
- 7. Exercise ECG (if needed)
- 8. Chest X-ray (if needed)
- 9. Proctosigmoidoscopy (if needed)
- 10. Mammography (if needed)
- 11. Papanicolaou (if needed)

PART VI - EXAMINATION SUMMARY

(To be completed by Examining Physician)

Explain fully any significant findings or limitations and type of followup recommended. This should include summary of significant lab/test findings.

PART I – EMPLOYEE IDENTIFICATION

NAME (Last, first, middle) (Type or pr	int) SOC	SOCIAL SECURITY NO.			DATE	DATE OF BIRTH	
		. 1	1	☐ Male		January District	
DISTRICT ADDRESS				☐ Femal	le		
DISTRICT ADDRESS					DATE OF EX	AMINATION	
					1		
HOME ADDRESS (No. street or RED	oite a to a						
HOME ADDRESS (No. street or RFD,	city or town, Sta	ite, and ZIP CODE)					
HOME ADDRESS (No. street or RFD, o	city or town, Sta	ite, and ZIP CODE)					
HOME ADDRESS (No. street or RFD, or RFD), or RFD, or R				DATEORY			
	city or town, Sta			DATE OF LA	ST FIT ASSES	SSMENT	

PART II - PHYSICAL REQUIREMENTS OF EMPLOYEE

BRIEF DESCRIPTION OF WHAT POSITION REQUIRES EMPLOYEE TO DO

DEPUTY UNITED STATES MARSHALS ARE REQUIRED TO BE IN SUPERIOR PHYSICAL CONDITION DUE TO STRENUOUS DUTIES. PERSONS IN THESE POSITIONS ARE REQUIRED TO SERVE CIVIL AND CRIMINAL PROCESS, TRANSPORT PRISONERS, MAKE ARRESTS, AND RESTORE ORDER IN RIOT AND MOB SITUATIONS. THEY ARE SUBJECT TO IRREGULAR HOURS, AND ARE EXPOSED TO EXTREME CLIMATIC CONDITIONS FOR LONG PERIODS OF TIME. THEY ARE REQUIRED TO HAVE GOOD VISION AND HEARING, AND BE CAPABLE OF SITTING, WALKING, RUNNING, OR RIDING FOR INDEFINITE PERIODS. THEIR GENERAL PHYSICAL CONDITION MUST IN NO WAY INVOLVE ANY DEFECT WHICH MIGHT BECOME A HAZARD TO THEMSELVES OR OTHERS. DEPUTIES OR APPLICANTS MUST BE MEDICALLY ABLE TO PERFORM EFFICIENTLY AND SAFELY THE FULL RANGE OF DUTIES OF THE POSITION INDICATED BELOW AND STATED IN THE MEDICAL EXAM DATA SECTION.

FUNCTIONAL REQUIREMENTS

Heavy lifting, 45 pounds and over Heavy carrying, 45 pounds and over Reaching above shoulder Use of fingers Both hands required Climbing, use of legs and arms Both legs required
Operation of crane, truck, tractor, or motor vehicle
Ability for rapid mental and muscular coordination simultaneously Ability to use and desirability of using firearms
Specific visual requirements
Both eyes required Depth perception Ability to distinguish basic colors Ability to distinguish shades of colors Specific hearing requirements
Hearing without aid

ENVIRONMENTAL FACTORS

Outside Outside and inside Excessive heat Excessive cold Excessive humidity
Excessive dampness or chilling Dry atmospheric conditions Working around moving objects or vehicles Slippery or uneven walking surfaces Unusual fatigue factors Working closely with others Working alone Protracted or irregular hours of work

FITNESS PROGRAM REQUIREMENTS

EMPLOYEES ARE REQUIRED TO RECEIVE MEDICAL APPROVAL PRIOR TO PARTICIPATING IN THE U.S. MARSHALS SERVICE FITNESS IN TOTAL PROGRAM. PROGRAM CONSISTS OF:

MEDICAL SCREENING

- Blood lipid analysis
 Coronary heart disease risk identification
- 3. Body composition test
- 4. 3 minute step test5. Skinfold body fat test

FITNESS ASSESSMENT

- 1. Flexibility sit and reach test
- 2. One minute sit up test
- 3. One minute push up test
- 4. 1.5 mile run or 3 mile walk

EXERCISE PRESCRIPTION: BASED ON INTEREST AND ASSESSMENT RESULTS

PART III — REPORT OF MEDICAL HISTORY (To be completed by Employee. *Typewrite or print in ink)*

STATEMENT OF MEDICATIONS CURRENTLY USED Name of Medication	Dosage Taken Since
DO YOU HAVE ANY MEDICAL DISORDER OR PHYSIC PERFORMANCE OF THE DUTIES SHOWN IN PART II? YES NO (If your answer is "YES" explain fully properties of the prop	AL IMPAIRMENT WHICH WOULD INTERFERE IN ANY WAY WITH THE FULL by below)
 HAVE YOU EVER (Please check at left of each item) YES NO □ Lived with anyone who had tuberculosis □ Coughed up blood 	DO YOU (Please check at left of each item) YES NO Wear glasses or contact lenses Have vision in both eyes
☐ ☐ Lived with anyone who had tuberculosis ☐ Coughed up blood ☐ ☐ Bled excessively after injury or tooth extraction ☐ ☐ Attempted suicide ☐ ☐ Been a sleepwalker	Have vision in both eyes Wear a hearing aid Stutter or stammer habitually Wear a brace or back support Perform aerobic exercise more than 2 days/week Smoke - How much: Have a family history of cardiovascular disease Who: Problem: Age at Onset or Death:
HAVE YOU EVER HAD OR HAVE YOU NOW (Please cha	DONOT
YES NO DON'T (Check each item) Continued by the contin	YES NO BON'T KNOW (Check each item)
Pain or pressure in chest Chronic cough Palpitation or pounding heart Heart trouble High or low blood pressure Disease of arteries Disease of heart Stroke Anemia Abnormal chest x-ray Orthopedic or muscular problems Increased cholesterol level Cramps in your legs Frequent indigestion Stomach, liver, or intestinal trouble Gall bladder trouble or gallstones Jaundice or hepatitis Adverse reaction to serum, drug, or me Broken bones	 ARE YOU (Check one) □ Right handed □ Left handed icine FEMALES ONLY: HAVE YOU EVER
Broken bones Tumor, growth, cyst, cancer Rupture/hernia	☐ ☐ Been treated for a female disorder ☐ ☐ ☐ Had a change in menstrual pattern

YE	s no	CHECK EACH ITEM YES OR N	O. EVERY ITEM	CHECKED MEG SAME	
		Have you been refused employme	ent or	CHECKED YES MUST BE FU	JLLY EXPLAINED IN BLANK SPACE ON RIGHT
		been unable to hold a job or stay school because of: A. Sensitivity to chemicals, dust,	;		
		sunught, etc.			
		B. Inability to perform certain m C. Inability to assume certain pos D. Other medical reasons (If yes, reasons.)			
		Have you ever been treated for a recondition? (If yes, specify when, and give details).	mental where,		
		Have you ever received psychiatric seling? (If yes, specify when, when give details).	c coun- e, and		
		Have you ever been denied life inc	urance?		
		(If yes, state reason and give detail. Have you had, or have you been at to have, any operations? (If yes, diand give are	4		
		Have you ever been a patient in an of hospitals? (If yes, specify when, why, and name of doctor and come why, and name of doctor and come	y type		
		Have you ever had any illness or in other than those already noted?	jury		
		Have you consulted or been treated clinics, physicians, healers, or other practitioners within the past 5 year other than minor illnesses? [If yea, complete address of deater have to the practice of the pra	ils.) I by s s for		
		clinic, and details.) Have you ever been rejected for mil service because of physical, mental, other reasons? (If yes, give date and	litary		
		Have you ever been discharged from military service because of physical, mental, or other reasons? (If yes, gidate, reason, and type of discharge: whether honorable, other than honofor unfitness or unsuitability.) Have you ever received is they not	n ve Prable,		
		of have you applied for pension or compensation for existing disability; yes, specify what kind, granted by wand what amount, when, why.)	? (If thom,		
I certi I auth- purpo:	ty that Orize an ses of p	I have reviewed the foregoing inform by of the doctors, hospitals, or clinics rocessing my application for this emp	ation supplied by mentioned above ployment or servi	me and that it is true and come to furnish the Government a come	plete to the best of my knowledge. complete transcript of my medical record for
EXAM	INEE		SIGNATURE		
					DATE
on all	posit	- MEDICAL HISTORY SUI camining Physician: Please re- tive answers in Report of Me tory and record any signific	diant this had	ing with the examinee.	nining Physician) Provide summary and elaboration interview any additional important
FYAMI	WAYC D	YWY			
-AAIVIII	NING P	HYSICIAN'S NAME (Type or print)		DATE	SIGNATURE
				L	

me	nsider the job description, functi edical standards for the U.S. Mar amination.			
•	MEASUREMENTS:			
	A. Height:FeetIr	nches	B. Weight:Pounds	
•	VISION:			
	STANDARD: Binocular vision i Corrected vision must test at lea gone a Radial Keratotomy opers considered medically qualified f to read Jaeger Type 2 at 14 inch normal peripheral vision.	ast 20/20 in one eye as ation to correct his or For this position. Near	nd 20/40 in the other. An her distant vision to an ac vision, corrected or uncorrected or uncorr	employee who has under- ceptable level will not be rected, must be sufficient
	EXAM RESULTS:			
	A. Distant vision (Snellen) 2. 1. without glasses: right		2. with glasses, if worn: (or contacts)	right left
	B. What is the longest and sho read by the applicant? Test	each eye separately.	n the following specimen o	
	employees in the Federal classified s required by the Civil Service Commi ized representative. This order will s ecutive Orders of May 29 and June Order, September 4, 1924).	service as may be ission or its author-pupplement the Ex-18, 1923 (Executive	without glasses: R in. to in. L in. to in.	with glasses, if used: R in. to in. L in. to in.
	C. Is color vision normal when If not, can applicant pass lan			
•	HEARING			
	STANDARD: The deputy or ap Using an audiometer for measur 500, 1000, and 2000 Cycles Per	rement, there should b	e no loss of 30 or more de	cibels in each ear at the
	EXAM RESULTS: (Consider de distance heard.)	enominators indicated	here as normal. Record as	numerators the greatest
	A. Audiometer (if available)		B. Whispered Voice	Test
	250 500 1000 2000 3000 4000	5000 6000 7000 8000	RIGHT EAR; LEF	T EAR 15 ft.

PART V – MEDICAL EXAMINATION DATA (To be completed by Examining Physician)

Note to Examining Physician: As you make your examination and report your findings and conclusions please

• CARDIOVASCULAR SYSTEM

STANDARD: The following conditions are disqualifying: organic heart disease (compensated or not); hypertension (treated) with repeated systolic readings of 160 or over and diastolic readings of 100 or over; symptomatic peripheral vascular disease; and severe varicose veins.

EX	AM	RESULTS: (List any abnormalities)
A.	He	art (Size, rate, rhythm, function)
	1.	Blood Pressure:
	2.	Resting Pulse:
	3.	Resting ECG:
	4.	Exercise ECG (if needed)
В.	Pe	ripheral Blood Vessels:
RF	ESPI	RATORY SYSTEM
IU	ı pe	DARD: Any chronic disease or condition affecting the respiratory system which would impair the rformance of duties is disqualifying; e.g., conditions which would result in reduced pulmonary ons, shortness of breath, or painful respiration.
EX	(AM	RESULTS: (List any abnormalities)
Ch	est	X-ray (if needed):
GA	ST	ROINTESTINAL SYSTEM
ST Ad	AN] diti	DARD: Diseases or conditions of the gastrointestinal tract that require rigid diets are disqualifying. on ally, an ulcer, (untreated) active within the last year, is also disqualifying.
EX	AM	RESULTS: (List any abnormalities)
Pro	cto	sigmoidoscopy (40 years or older):

0	GEN	IT	DU	RIN	IAI	łΥ	DISC	ORD	ERS	
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STANDARD: Chronic symptomatic diseases or conditions of the genitourinary tract are disqualifying.

EXAM RESULTS: (List any abnormalities)

Urinalysis: (attach results)

NERVOUS SYSTEM

STANDARD: Deputies must possess emotional and mental stability with no history of a basic personality disorder. Deputies with a history of epilepsy or convulsive disorders must have been seizure free for the past two (2) years without medication.

EXAM RESULTS: (List any abnormalities)

• ENDOCRINE SYSTEM

STANDARD: Diabetes not controlled by diet alone is disqualifying.

EXAM RESULTS: (List any abnormalities)

Thyroid: _____

• SPEECH

STANDARD: Diseases or conditions resulting in indistinct speech are disqualifying.

EXAM RESULTS: (List any abnormalities)

• EXTREMITIES & SPINE

STANDARD: Deformities or diseases of the extremities and spine that interfere with the full performance of position duties are disqualifying. (Position involves heavy lifting and other strenuous duties).

EXAM RESULTS: (List any abnormalities)

Back:

HERNIAS

STANDARD: Inguinal and femoral hernias, with or without the use of a truss, are disqualifying. Other hernias are disqualifying if they interfere with the performance of the duties of the position.

EXAM RESULTS: (List any abnormalities)

• MISCELLANEOUS

STANDARD: Though not mentioned specifically above, any other disease or condition which interferes with the full performance of position duties is also grounds for medical rejection and the disability retirement process.

EXAM RESULTS: (List any abnormalities)

- A. Eyes, ears, nose, and throat (including teeth and oral hygiene):
- B. Head and back (including face, hair, and scalp):
- C. Skin and lymph nodes:
- D. SMAC-26 Blood test (attach results. List abnormalities):
- E. Serum lead level test results (attach results. List abnormalities):

• FEMALES ONLY

EXAM RESULTS: (List any abnormalities)

- A. Mammography (35 years and older if needed):
- B. Papanicolaou test (if needed):

PART VI - EXAMINATION SUMMARY. Note to Examining Physician: Summarize below any medical findings which need further medical attention and any finding that would limit the examinee's performance of law enforcement duties or present a hazard to the examinee or others. • SIGNIFICANT FINDINGS: • I HAVE EXAMINED THIS EMPLOYEE AND HE OR SHE APPEARS TO BE: (Check box(es) that apply) ☐ FIT FOR DUTY (no limiting conditions) □ TEMPORARILY UNFIT FOR DUTY (describe limitations and length of recovery period) ☐ PERMANENTLY UNFIT FOR DUTY (explain below) • EMPLOYEE IS QUALIFIED TO PERFORM THE FOLLOWING FITNESS PROGRAM ASSESSMENTS: (Check yes or no at left of each item): □ YES □ NO FLEXIBILITY SIT AND REACH TEST □ YES \square NO PUSH-UPS (Max no. in 1 minute) □ YES □ NO SIT-UPS (Max no. in 1 minute) \Box YES □ NO 1.5 MILE TIMED RUN □ YES \square NO 3 MILE TIMED WALK

ADDRESS (including ZIP Code)

IMPORTANT: After signing return entire form.

EXAMINING PHYSICIAN'S NAME (Type or print)

SIGNATURE OF EXAMINING PHYSICIAN